

H-200 Grip Assist Glove

- Lay product flat as shown in **Figure A**.
- Place hand palm-side up on the product. The wrist should be even with the wrist strap. Position the narrow Velcro strap along the proximal phalanx of the fingers and fasten each end to the back side of the product (**Figure B**).
- Fasten the wrist strap, making sure the D-ring is positioned in the middle of the wrist. The D-ring may be removed and Adjust if necessary.
- (If grasping an object, position the patient's hand at this time.) Bring the hand strap back toward the patient, loop it through the D-ring and secure strap back on itself, forcing the patient to make a fist (**Figure C**).
- If desired, apply the thumb strap (**Figure D**). Lay the strap dorsally along the thumb and loop **STRAP 1** around the



Figure A



Figure B



Figure C

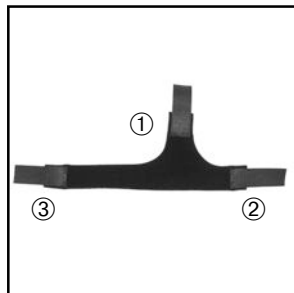


Figure D

proximal phalanx of the thumb (**Figure E**), making sure **STRAP 2** attaches at the wrist. Loop **STRAP 3** around the hand and fasten where secure and comfortable (**Figure F**).



Figure E

NOTE: The straps of this product have been made longer to accommodate many sizes. It is recommended to trim excess velcro and overlapping material for maximum comfort and fit.



Figure F

Contact the Benik Customer service department at 1-800-442-8910 with any questions, comments or concerns.

